

Sandra Roberts Provincial Championship

Version 1 January 8, 2025

Schedule may move forward to a maximum of 30 minutes at the discretion of the Chief Referee

25-Jan-25

TIME	EVENT	CATEGORY	ENTRIES	AWARDS
Deck Access				
7:30 AM	Access for Volunteers and Athletes			
Coaches Meeting				
8:00 AM - 8:45 AM	Coaches Meeting			
8:45 AM - 9:00 AM	Chief Referee/Chief Scorer Meeting			
Figure Session #1				
9:00 AM - 9:25 AM	Warm-up - 5m laps, 20m figures			
9:25 AM - 10:15 AM	Panel 1	10U	13	
Figure Session #2				
10:15 AM - 10:40 AM	Warm-up - 5m laps, 20m figures			
10:40 AM - 11:50 AM	Panels 1 + 2	Novice	10	
	<i>Merged Draw</i>	12U	15	
Break				
11:50 AM - 12:20 PM	Lunch Break / Open Pool			
Figure Session #3				
12:20 PM - 12:45 PM	Warm-up - 5m laps, 20m figures			
12:45 PM - 2:30 PM	Panels 1 + 2	Youth	46	
Break				
2:30 PM - 3:30 PM	Setup pool for routines - OPEN POOL after setup is done			
Routine Session #1 Solos				
3:30 PM - 3:55 PM	Warm-up - 5m laps, 20m routines			
3:55 PM - 5:00 PM	Competitors (No pre-swimmers)		17	
	Solo	Novice	1	
	Solo	12U	2	
	Solo	Youth	8	
	Solo	Junior Free	5	
	Solo	Senior Free	1	
Break				
5:00 PM - 5:30 PM	Supper Break / Open Pool			
Routine Session #2 Acro/Duets				
5:30 PM - 5:55 PM	Warm-up - 5m laps, 20m routines			
5:55 PM - 6:35 PM	Competitors (No pre-swimmers)		7	
	Acro	Senior	1	
	Duet	10U	1	
	Duet	Novice	1	
	Duet	12U	2	
	Duet	Junior Tech	2	
Routine Session #3 Solo/Duets				
6:35 PM - 7:00 PM	Warm-up - 5m laps, 20m routines			
7:00 PM - 8:05 PM	Competitors (No pre-swimmers)		14	
	Solo	Junior Tech	5	
	Solo	Senior Tech	1	
	Solo	Senior Mens Free	1	
	Duet	Youth	7	

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26-Jan-25

TIME	EVENT	CATEGORY	# of SWIMMERS	Technical Controllers
Deck Access for Volunteers and Athletes				
7:30 AM				
8:00 AM	- 8:15 AM	Competition Setup/Chief Referee is available for Coaches		
Routine Session #4 Teams				
8:15 AM	- 8:50 AM	Warm-up - 5m laps, 30m routines / Split Warm-up		
8:50 AM	- 9:25 AM	Competitors (No pre-swimmers)		5
		Team	10U	3
		Team	Junior Tech	2
		Team	Senior Tech	1
Routine Session #5 Teams				
9:25 AM	- 10:00 AM	Warm-up - 5m laps, 30m routines / Split Warm-up		
10:00 AM	- 10:50 AM	Competitors (No pre-swimmers)		8
		Team	12U	3
		Team	Youth	5
Routine Session #6 Duets/Combo				
10:50 AM	- 11:25 AM	Warm-up - 5m laps, 30m routines / Split Warm-up		
11:25 AM	- 12:01 PM	Competitors (No pre-swimmers)		5
		Duet	Junior Free	2
		Duet	Senior Mixed Free	1
		Combo	Youth	2
Break and Awards Presentation #1				
12:15 PM	- 12:55 PM	Lunch and Awards #1 - OPEN POOL after Awards		
Routine Session #7 Teams				
12:55 PM	- 1:30 PM	Warm-up - 5m laps, 30m routines / Split Warm-up		
1:30 PM	- 2:00 PM	Competitors (No pre-swimmers)		3
		Team	Junior Free	2
		Team	Senior Free	1
Awards Presentation #2				
2:00 PM				

Thank you for coming!

See you at the Diane Lemon Invitation March 1-2, 2025